

## THE FVS STEVENAGE 5K SERIES

## HERTS VETS COUNTY CHAMPIONSHIP

RESULTS - Wednesday 12th November 08

## Positions

Race	M/F	Cat	No:	Time	Name	Surname	Cat.	Club
1	1	1	103	16:33	Paul	GREAVES	MV40	Herts Phoenix
2	2	2	378	16:49	Andy	HOLT	MV40	Garden City Runners
3	3	1	42	17:07	David	BOWKER	MV50	Fairlands Valley Spartans
4	4	3	263	17:08	Stephen	KEMBLE	MV40	Garden City Runners
5	1	1	123	17:38	Astrid	MCKEOWN	FV35	North Herts Road Runners
6	5	4	8	17:53	Peter	SCROWTHER	MV40	North Herts Road Runners
7	6	5	185	17:54	John	NEWALL	MV40	Royston Runners
8	7	2	44	18:20	Mikk	BRADLEY	MV50	Watford Harriers
9	2	2	161	18:32	Joanne	KENT	FV35	Barnet & District AC
10	8	6	203	18:36	Jeremy	RACKHAM	MV40	Stevenage & North Herts AC
11	9	7	217	18:36	Adrian	SHERWOOD	MV40	North Herts Road Runners
12	10	8	173	18:54	Jamie	MARCH	MV40	Barnet & District AC
13	11	3	256	19:01	Steve	WILLIAMS	MV50	Garden City Runners
14	12	1	177	19:03	Richard	MELVERN	MV60	Herts Phoenix
15	13	4	279	19:08	Stewart	BRYANT	MV50	North Herts Road Runners
16	14	9	3	19:17	Peter	SIBBETT	MV40	North Herts Road Runners
17	15	10	160	19:27	Paul	KAYLEY	MV40	St Albans Striders
18	16	11	37	19:40	Leslie	BETTS	MV40	Fairlands Valley Spartans
19	17	12	128	19:50	Martyn	ANNETTS	MV40	North Herts Road Runners
20	18	5	300	19:58	David	EDWARDS	MV50	Garden City Runners
21	19	13	90	20:00	Andrew	GARRETT	MV40	Fairlands Valley Spartans
22	20	1	111	20:03	Mark	BEASLEY	MV40	Fairlands Valley Spartans
23	21	2	223	20:03	Stewart	SMITHER	MV60	North Herts Road Runners
24	22	15	190	20:10	Roger	PARTRIDGE	MV40	Ware Joggers
25	23	16	155	20:12	Paul	ILLING	MV40	Watford Harriers
26	3	3	36	20:20	Emma	BERRY	FV35	Royston Runners
27	4	4	131	20:22	Caroline	HALE	FV35	Garden City Runners
28	24	6	21	20:33	Steve	ALLEN	MV50	Barnet & District AC
29	25	7	202	20:44	Chris	PRIESTLEY	MV50	North Herts Road Runners
30	5	5	416	20:53	Vikki	HARRISON	FV35	David Lloyd Pacers
31	26	3	78	20:55	Colin	EGLETON	MV60	St Albans Striders
32	27	17	70	20:59	Howard	DAVIS	MV40	North Herts Road Runners
33	6	1	84	21:21	Celia	FINDLAY	FV45	David Lloyd Pacers
34	28	8	415	21:29	Michael	MORALEE	MV50	North Herts Road Runners
35	29	18	186	21:40	David	NEWMAN	MV40	Garden City Runners
36	30	4	218	21:43	John	SHIRLEY	MV60	Barnet & District AC
37	31	9	98	21:56	Mark	GOODWIN	MV50	Fairlands Valley Spartans
38	32	19	385	21:58	Wayne	AYLOTT	MV40	Garden City Runners
39	33	20	376	22:03	Andy	JAY	MV40	Fairlands Valley Spartans
40	34	5	215	22:04	Robert	SHAW	MV60	Fairlands Valley Spartans
41	7	2	83	22:26	Christine	FEELY	FV45	Fairlands Valley Spartans
42	8	6	178	22:27	Pauline	MICHAEL	FV35	Barnet & District AC
43	9	1	20	22:35	Joy	ALLEN	FV55	Garden City Runners
44	10	3	377	23:01	Sue	WILLIAMS	FV45	David Lloyd Pacers
45	11	7	174	23:05	Jo	MATTHEWS	FV35	Garden City Runners
46	35	21	126	23:10	Colin	CALCUTT	MV40	North Herts Road Runners
47	36	10	95	23:12	Mervyn	GILHAM	MV50	Herts Phoenix
48	37	22	125	23:24	Paul	BOWAL	MV40	North Herts Road Runners
49	38	11	147	23:28	Richard	HOLE	MV50	Garden City Runners
50	39	1	130	23:36	Don	POWELL	MV70	North Herts Road Runners

51	12	4	201	23:40 Anna	PRIESTLEY	FV45	North Herts Road Runners
52	13	5	2	23:46 Karen	DODSWORTH	FV45	North Herts Road Runners
53	40	6	132	24:00 Robert	RIGGALL	MV60	North Herts Road Runners
54	41	7	358	24:05 Thomas	CORBY	MV60	Stevenage & North Herts AC
55	42	12	303	24:14 Paul	HOLGATE	MV50	Fairlands Valley Spartans
56	14	8	138	24:14 Heather	HARRIS	FV35	David Lloyd Pacers
57	43	13	226	24:30 John	DAVIS	MV50	Garden City Runners
58	44	8	162	24:42 Ted	KIMBER	MV60	Barnet & District AC
59	15	2	101	24:42 Avis	COWLEY	FV55	Garden City Runners
60	45	9	361	24:49 Ian	SUTCLIFFE	MV60	North Herts Road Runners
61	46	23	362	25:13 Andrew	ROYALL	MV40	St Albans Striders
62	16	9	204	25:22 Jane	RAE	FV35	David Lloyd Pacers
63	17	6	365	25:27 Beverley	AITKEN	FV45	Fairlands Valley Spartans
64	18	7	127	25:43 Rachel	ANNETTS	FV45	North Herts Road Runners
65	47	10	134	25:48 Trace	ALLEN	MV60	Garden City Runners
66	48	24	282	25:52 Mark	DRUMMOND	MV40	Fairlands Valley Spartans
67	19	10	183	26:00 Nikki	NATION	FV35	Fairlands Valley Spartans
68	20	8	56	26:54 Sue	CONNELL	FV45	Fairlands Valley Spartans
69	49	14	55	26:54 Michael	CONNELL	MV50	Fairlands Valley Spartans
70	21	3	219	27:02 Maureen	SHIRLEY	FV55	Barnet & District AC
71	50	11	32	27:14 David	BEASLEY	MV60	Herts Phoenix
72	22	9	407	27:17 Karen	WELLS	FV45	Fairlands Valley Spartans
73	23	10	277	28:01 Christine	SHARP	FV45	North Herts Road Runners
74	24	1	151	28:06 Iris	HORNSEY	FV65	Royston Runners
75	25	11	159	28:56 Balwinder	KANDOLA	FV45	Fairlands Valley Spartans
76	51	2	231	29:30 Roy	STRINGER	MV70	Ware Joggers
77	52	3	25	30:03 Chas	AVIS	MV70	Royston Runners
78	26	12	208	31:47 Joan	RIDGER	FV45	Fairlands Valley Spartans
79	27	11	311	34:11 Lisa	POTTER	FV35	Fairlands Valley Spartans
80	28	13	363	37:06 Debbie	PEMBERTON	FV45	Fairlands Valley Spartans
81	29	14	364	37:10 Lesley	COLLINS	FV45	Fairlands Valley Spartans
82	30	2	26	37:37 Ruby	AVIS	FV65	Royston Runners

#### V35 LADIES

1	123	17:38 Astrid	MCKEOWN	FV35	North Herts Road Runners
2	161	18:32 Joanne	KENT	FV35	Barnet & District AC
3	36	20:20 Emma	BERRY	FV35	Royston Runners

#### V40 MEN

1	103	16:33 Paul	GREAVES	MV40	Herts Phoenix
2	378	16:49 Andy	HOLT	MV40	Garden City Runners
3	263	17:08 Stephen	KEMBLE	MV40	Garden City Runners

#### V45 LADIES

1	84	21:21 Celia	FINDLAY	FV45	David Lloyd Pacers
2	295	21:31 Jackie	PERRY	FV45	FVS Tri
3	329	22:11 Lesley	DUTTON	FV45	FVS Tri

#### V50 MEN

1	42	17:07 David	BOWKER	MV50	Fairlands Valley Spartans
2	129	17:12 Keith	MCLELLAN	MV50	Luton Athletic Club
3	286	17:58 Brian	WHITE	MV50	FVS Tri

**V55 LADIES**

1	20	22:35 Joy	ALLEN	FV55	Garden City Runners
2	101	24:42 Avis	COWLEY	FV55	Garden City Runners
3	219	27:02 Maureen	SHIRLEY	FV55	Barnet & District AC

**V60 MEN**

1	177	19:03 Richard	MELVERN	MV60	Herts Phoenix
2	223	20:03 Stewart	SMITHER	MV60	North Herts Road Runners
3	78	20:55 Colin	EGLETON	MV60	St Albans Striders

**V65 LADIES**

1	151	28:06 Iris	HORNSEY	FV65	Royston Runners
2	26	37:37 Ruby	AVIS	FV65	Royston Runners

**V70 MEN**

1	130	23:36 Don	POWELL	MV70	North Herts Road Runners
2	231	29:30 Roy	STRINGER	MV70	Ware Joggers
3	25	30:03 Chas	AVIS	MV70	Royston Runners

**VETS TEAM RESULTS - MEN****1 NORTH HERTS ROAD RUNNERS**

1	5	8	17:53 Peter	SCROWTHER	MV40
2	9	217	18:36 Adrian	SHERWOOD	MV40
3	13	279	19:08 Stewart	BRYANT	MV50
4	14	3	19:17 Peter	SIBBETT	MV40
5	17	128	19:50 Martyn	ANNETTS	MV40
Total	58				

**2 GARDEN CITY RUNNERS**

1	2	378	16:49 Andy	HOLT	MV40
2	4	263	17:08 Stephen	KEMBLE	MV40
3	11	256	19:01 Steve	WILLIAMS	MV50
4	18	300	19:58 David	EDWARDS	MV50
5	29	186	21:40 David	NEWMAN	MV40
Total	64				

**3 FAIRLANDS VALLEY SPARTANS**

1	3	42	17:07 David	BOWKER	MV50
2	16	37	19:40 Leslie	BETTS	MV40
3	19	90	20:00 Andrew	GARRETT	MV40
4	20	111	20:03 Mark	BEASLEY	MV40
5	31	98	21:56 Mark	GOODWIN	MV50
Total	89				

## VETS TEAM RESULTS - WOMEN

### 1 DAVID LLOYD PACERS

1	5	416	20:53	Vikki	HARRISON	FV35
2	6	84	21:21	Celia	FINDLAY	FV45
3	10	377	23:01	Sue	WILLIAMS	FV45
Total	21					

### 2 GARDEN CITY RUNNERS

1	4	131	20:22	Caroline	HALE	FV35
2	9	20	22:35	Joy	ALLEN	FV55
3	11	174	23:05	Jo	MATTHEWS	FV35
Total	24					

### 3 NORTH HERTS ROAD RUNNERS

1	1	123	17:38	Astrid	MCKEOWN	FV35
2	12	201	23:40	Anna	PRIESTLEY	FV45
3	13	2	23:46	Karen	DODSWORTH	FV45
Total	26					